



STATE OF NEW JERSEY  
**DEPARTMENT OF EDUCATION**

A Memo from the New Jersey Department of Education

Date: August 17, 2018  
To: Chief School Administrators, Charter School and Renaissance School Project Leads,  
Administrators of Approved Private Schools for Students with Disabilities  
Route To: Building Administrators  
From: Lamont O. Repollet, Ed.D., Commissioner

### **Precautions for Heat and Humidity as Preseason Practices for Sports and Extracurricular Activities Begin**

The value of athletics and extracurricular activities in the lives of New Jersey's students cannot be overstated. However, most important is ensuring, at all times, the health, safety, and well-being of all students. As the final weeks of summer wind down, and the start of the 2018-2019 school year approaches, many student athletes will soon begin preseason practice for fall sports and extracurricular activities. In anticipation of these practices during the month of August, it is important for all administrators to be mindful of the heat and humidity, and to take necessary precautions for students.

The New Jersey State Interscholastic Athletic Association (NJSIAA) has issued a multitude of resources that all administrators should refer to, and rely on, as preseason practices begin. These resources include a [Heat and Humidity Participation Policy \(Best Practices\)](#), [Heat and Humidity Participation Policy \(Introduction\)](#), [Pre-Season Heat Acclimatization Policy](#), [Heat and Humidity Participation Frequently Asked Questions, Guidelines, Policies, and Procedures \(Heat Acclimatization Requirements\)](#), and [Heat and Humidity Participation Policy Record Chart](#).

For your reference, the NJSIAA has compiled a list of [manufacturers](#) of Wet Bulb Globe Temperature reading devices. Please note that neither the NJDOE nor the NJSIAA endorse the listed manufacturers, but are providing this reference for informational purposes only.

For additional information, please refer to the [NJSIAA's website](#), or contact the NJSIAA at (609) 259-2776.

We wish all students the very best of luck for the upcoming school year, both in and outside of the classroom.

c: Members, State Board of Education  
NJDOE Staff  
Statewide Parent Advocacy Network  
Garden State Coalition of Schools  
NJ LEE Group